

# Activities

## Topic: Free

Use Google Translate in case you don't understand something.

### 1. WHO changes its stance on masks

#### *Instructions:*

Go to the BBC website using the link to the article "Coronavirus: WHO advises to wear masks in public areas" (<https://www.bbc.com/news/health-52945210>)



*Read it, and then answer the questions.*

#### **a) What has changed in the WHO's position on wearing masks against SARS-COV-2?**

*They used to...*

#### **b) What's happened that made them review their advice?**

*They've reviewed it because...*

#### **c) In which situations do they now advise masks should be worn?**

*Masks should be worn where...*

#### **d) What has always been the WHO's advice regarding medical face masks?**

*They have always advised...*

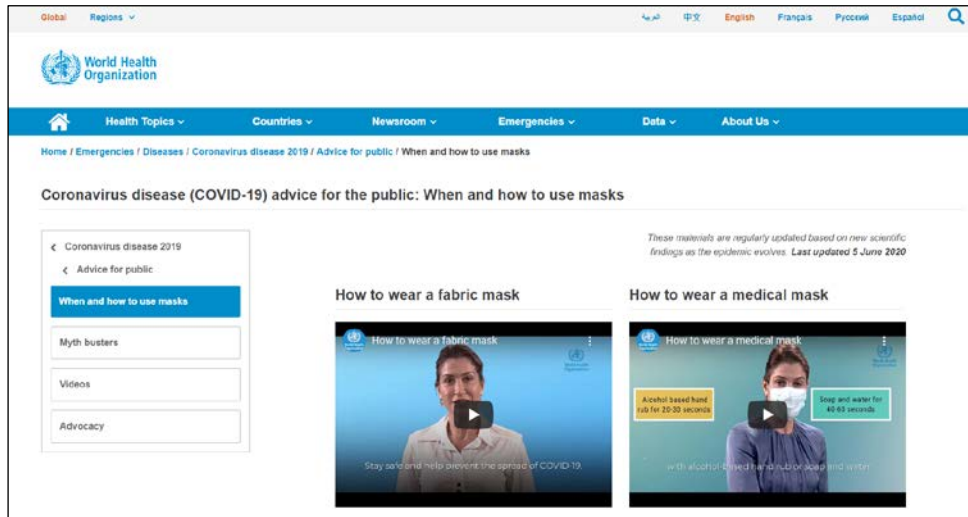
#### **e) What should fabric masks be made of in order to be effective?**

*Fabric masks should...*

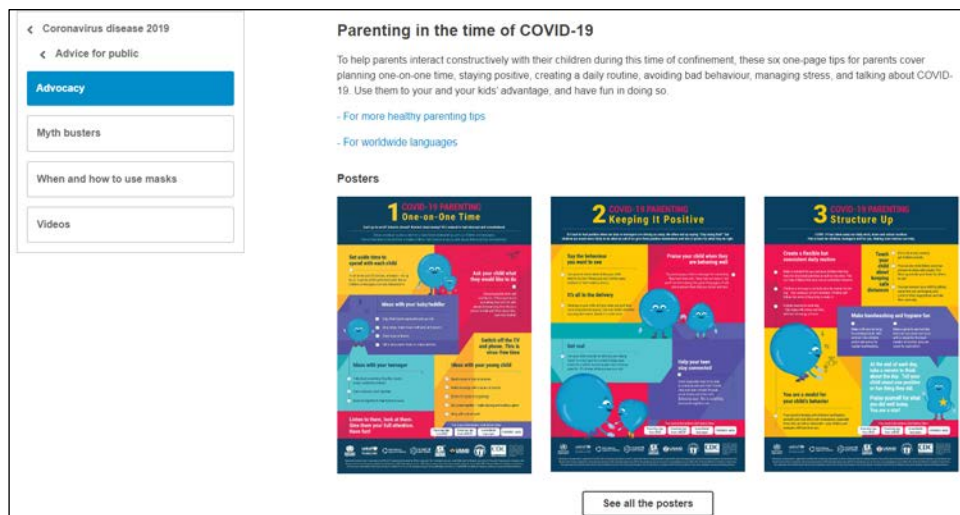
## 2. How to wear a fabric mask

### *Instructions:*

*Go to the World Health Organization website using the link to the section “Advice to the Public: When and how to use masks”. (<https://www.who.int/emergencies/diseases/novel-coronavirus-2019/advice-for-public/when-and-how-to-use-masks>)*



*Take a look around, there are a few interesting infographics. Visit the other sections as well – Mythbusters, Videos and Advocacy. There is a lot of amazing material here, such as the video “The evolution of science and our role in preventing the spread of COVID-19”, and the posters about parenting during confinement, shown below.*



*When you're done, read the following infographic, from the section “When and how to use masks”. After that, answer the questions.*

# HOW TO WEAR A NON-MEDICAL FABRIC MASK SAFELY

[who.int/epi-win](https://www.who.int/epi-win)

## Do's →



Clean your hands before touching the mask



Inspect the mask for damage or if dirty



Adjust the mask to your face without leaving gaps on the sides



Cover your mouth, nose, and chin



Avoid touching the mask



Clean your hands before removing the mask



Remove the mask by the straps behind the ears or head



Pull the mask away from your face



Store the mask in a clean plastic, resealable bag if it is not dirty or wet and you plan to re-use it



Remove the mask by the straps when taking it out of the bag



Wash the mask in soap or detergent, preferably with hot water, at least once a day



Clean your hands after removing the mask

## Don'ts →



Do not use a mask that looks damaged



Do not wear a loose mask



Do not wear the mask under the nose



Do not remove the mask where there are people within 1 metre



Do not use a mask that is difficult to breathe through



Do not wear a dirty or wet mask



Do not share your mask with others

A fabric mask can protect others around you. To protect yourself and prevent the spread of COVID-19, remember to keep at least 1 metre distance from others, clean your hands frequently and thoroughly, and avoid touching your face and mask.



World Health Organization

a) Was there anything in the “Do’s” list you were not aware of?

I was...

b) Was there anything in the “Don’ts” list you were not aware of?

I was...

- c) **Did you notice how many times “wash your hands” shows up in the “Do’s” list? Why such repetition?**

*Because...*

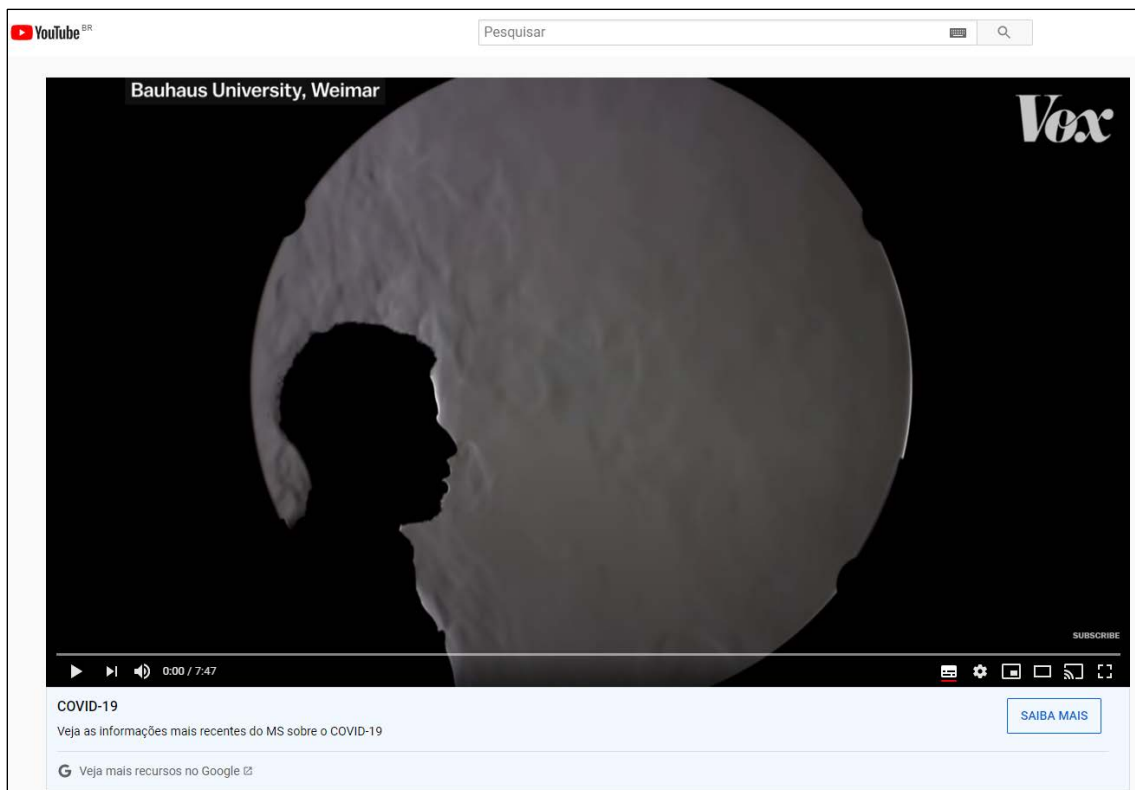
- d) **Is there anything on this list you might find hard to always do right in your everyday life?**

*I think...*

3. **What do masks really do, after all?**

*Instructions:*

*Go to the YouTube website using the link to the video “What face masks actually do against coronavirus”. (<https://youtu.be/P27HRCIMf2U>)*



*Watch the video, and then answer the questions. You can turn Closed Captions on for this video.*

- a) **What do the initial images show? Are they from a specific scientific study?**

*They show...*

- b) **What do experts agree masks do?**

*The largest number would be...*

- c) **What is still scientifically debated about the use of masks?**

*Whether...*

**d) What makes it harder to reach a conclusion, in the case of SARS-COV-2?**

*The fact that...*

**e) According to the experts interviewed, what is the main justification for a general use of masks in public spaces?**

*People who are...*

**f) Can masks alone protect you from being infected?**

*Masks...*

**g) What are the other essential protective measures to avoid infection?**

*The other...*

**h) What are the two general ways the virus can be transmitted?**

*They are...*

**i) How do masks protect us from fomite transmission?**

*They protect us by...*

**j) How do masks protect us from direct transmission?**

*They protect us by...*

**k) Can all masks filter aerosols?**

*Only...*